

## What to Know Before Surgery



### Scheduling

- If Dr. Burke has recommended surgery and you decide to move forward with the procedure, please call his surgical scheduler (Tricia) at **(804) 484-3739** in **7-14 days** to see if your orders are put in. Please refrain from calling sooner, as it can take up to 2 weeks for Dr. Burke to have your orders ready.
- When you call to set up your surgery, we will let you know where your surgery will be scheduled based on your insurance and type of surgery and pick a date for your procedure.
- If your procedure will be put through **insurance**, we will submit all information once a date is booked. We **DO NOT** call to let you know that it was approved – you will receive a letter from your insurance company with that information. However, we **DO** call you to let you know if your surgery is denied.
- If you are having **cosmetic surgery** (out of pocket), Tricia will type up your quote once your orders are in and you call to book your surgery date. You will receive that quote via email the same day you call to book your surgery.
- Our office does not have information on out-of-pocket quotes for what you will owe after your insurance is approved. If you would like to know that information, please call the business office at (804) 434-3700 ext. 2224.
- We will mail you out a **packet of information** with the location for surgery, follow up appointment dates and pre-admission testing information. You should receive that packet 1-2 weeks after booking your surgery. Please keep this in a safe place and review all information enclosed to know what to expect so you can plan accordingly.
- Surgery must be cancelled **one month** in advance to avoid any cancellation fees.

### Surgery Time

- Surgical times are not assigned until the **day before** surgery. Once the surgical times are decided you will receive a phone call from the location your surgery is scheduled (surgical center or St. Mary's). You will be instructed on what time to arrive (typically 45-60 minutes prior to surgery).
- If for some reason you do not receive a call about your surgery time, call one of the following:
  - Surgery Center: (804) 401-8383
  - St. Mary's Hospital: (804) 287-7284

### Pre-Admission Testing

- If the surgery is at **St. Mary's Hospital**, they will contact you to set up any pre-admission testing. If the surgery is at our **surgery center**, the patient is required to get clearance from their PCP on their own. Pediatric patients are required to see their pediatrician within **5 days** of surgery.
- The physician will fill out a form called a History and Physical (H&P). The surgical scheduler will have mailed this form to you along with your surgery information. You need to bring this form with you on the day of surgery.

### After Surgery

- There are **post-operative instructions on our web site** for the most common types of surgery. Please review this information to know what to expect after your procedure so you can plan accordingly.
- **Follow up appointments** are detailed in the information packet that is mailed out to you.

**If you have any questions or concerns prior to surgery, please call our office at (804) 484-3739.**