

Morpheus 8

Inmode's Morpheus8 is a microneedling device that utilizes Radiofrequency energy to tighten, contour and resurface the skin with minimal downtime. Radiofrequency (RF) energy is a scientifically proven method to remodel and rebuild collagen. Morpheus8 harnesses this energy and is minimally invasive, using a matrix of micro pens to renew the deeper layers of the skin. By targeting the deeper layers of the skin, tissues of the face and body can be remodeled to reveal a more radiant youthful appearance.

Skin tightening may not be fully apparent for 3 months after this procedure, tissue tightening varies from individual to individual and results are age dependent. The treatment is customized according to each unique skin condition, desired outcome, and expectation of downtime. The degree of redness and length of healing time will increase with the settings and number of passes. This treatment may not completely improve or prevent future conditions or aging. There are many variables which influence the long-term result. Additional procedures may be necessary to further enhance results or treat unforeseen complications. There is no guarantee on the results that may be obtained.

- Slight redness, warmth, and dry/tight feeling to the skin can be present for up to a week (but typically about 3-5 days). Bumpy micro lesions ("track marks") may be visible for a few days.
 - Although these effects are rare and temporary, redness and swelling may last up to 3 weeks and are a part of a normal reaction to the treatment.
- Some patients report a sunburn like sensation (burning, tingling, tightening) in the treatment area for 1-2 weeks.
- Bruises occur in some people, especially around bony areas such as the eyes, and can last 1-2 weeks. This is a normal reaction to the treatment and impossible to prevent or predict.
- There is a possibility of rare side effects such as burns, scarring, delayed healing times, discoloration, and nerve branch injury or hyperactivity, with temporary numbness/tingling. Herpes simplex virus infections can occur, with or without a history of cold sores. Please contact the office immediately if any infection occurs.

Tips & Tricks

- Post treatment discomfort may be relieved by oral pain relievers (Tylenol or Ibuprofen). A cold compress can be used to provide comfort and decrease swelling, typically only needed the first 12-24 hours after the treatment.
- Itching or irritation may be relieved by oral antihistamines (Zyrtec, Allegra, Pepcid, or Benadryl) and vinegar rinses, which are also antibacterial and soothing.
 - 2 tsp white distilled vinegar + 1 cup water. Stored in refrigerator.
 - Rinse, soak or spritz treatment area multiple times a day (can't over do it!).
- The treated area should be cared for delicately. Until sensitivity has subsided (about 1-2 weeks), avoid the following:
 - Heavily scented lotions/soaps, exfoliant creams (Retin-A, Glycolic, alpha-hydroxy acids), acne creams
 - Loofa sponges, facial shaving (electric razor only), and aggressive scrubbing
 - Strenuous exercise and sweating
 - Exposure to the sun or tanning in the treatment areas
 - Caution drinking alcohol for several days post procedure.

Site Care

- Wash treated areas gently with a mild cleanser and water (no not scrub/irritate the area). You can begin cleansing the treatment area either the night of the treatment or next morning.
- After cleansing, apply Skin Better Science Alto Defense Serum (aids in healing and is soothing) first then Trio Moisturizing Treatment (rebalance and hydrate the skin barrier).
- For the first few days as you feel dry/tight (like a sunburn), apply Aquaphor to the treatment area (especially at night). You can even mix this with the Skin Better Science Trio Moisturizing Treatment.
- Make-up and sunscreen may be applied as soon as 72 hours post procedure, or when irritation subsides.
- Avoid drying or irritating facial products including retinol and acids (Salicylic, Glycolic, etc.) for 3 weeks after the procedure.
- Do not apply any other products that were NOT instructed by your doctors (essential oils, coconut oil, etc.)

If you have any questions or experience possible signs of infection or extreme discomfort, please contact:

Dr. Burke's Clinical Team
(804) 484-3700 EXT 7012
Appointments: (804) 484-3739
Photos → facialplastics@virginiaent.com

Each treatment in a series is recommended 6-12 weeks apart.

A follow up appointment is encouraged 3-6 months after the last treatment session.

