Post Procedure Instructions



Microneedling – Eclipse MicroPen

The Eclipse MicroPen makes use of a process known as Automated Microneedling, or Collagen Induction Therapy (CIT), to treat fine lines, wrinkles, and acne scars by stimulating production of the skin's own collagen and elastin. Found naturally in the skin, collagen and elastin help give skin a healthy glow and more youthful appearance. The depth of the needles is determined by the severity of the skin condition. The rapid pulsing motion allows the device to quickly treat the target area with minimal discomfort.

Results will become more visible typically within a few days and over the following weeks. Results can continue to improve for up to 6 months after the initial treatment. Patients typically receive 3-4 treatments, but many need up to 6 sessions each spaced 6 to 8 weeks apart. Patients with deep scarring or wrinkles are more likely to need extra sessions.

- Slight redness, sensitivity, warmth, and a dry/tight feeling to the skin can be present for up to a week (but typically only 2-4 days). Although these effects are rare and temporary, redness and swelling may last up to 3 weeks.
- Some patients report a sunburn like sensation (burning, tingling, tightening) in the treatment area for a week.
- Herpes simplex virus infections can occur, with or without a history of cold sores. Please contact the office immediately if any infection occurs.
- <u>Post treatment discomfort</u> may be relieved by oral pain relievers (Tylenol or Ibuprofen). A cold compress can be used to provide comfort and decrease swelling, typically only needed the first 12-24 hours after the treatment.
- Itching or irritation may be relieved by oral antihistamines (Zyrtec, Allegra, Pepcid, or Benadryl) .

Site Care

- *****CLEANSER**: Cleanse the skin twice daily with plain, lukewarm water, and a gentle cleanser, beginning the night of or morning after the treatment. Dry the skin using gentle patting motions with a soft, clean towel.
- *****MEDICAL BARRIER CREAM**: Apply this moisturizer twice per day with clean hands. Reapply as needed.
- Make-up and sunscreen may be applied as soon as 72 hours post procedure, or when irritation subsides.
- Avoid drying or irritating facial products including retinol and acids (Salicylic, Glycolic, etc.) for 3 weeks after the procedure.
- The treated area should be cared for delicately. Until sensitivity has subsided (about 3-7 days), avoid the following:
 - o Heavily scented lotions/soaps, exfoliant creams (Retin-A, Glycolic, alpha-hydroxy acids), acne creams
 - Loofa sponges, facial shaving (electric razor only), and aggressive scrubbing
 - $\circ \quad \text{Strenuous exercise and sweating} \\$
 - o Exposure to the sun or tanning in the treatment areas

If you have any questions or experience possible signs of infection or extreme discomfort, please contact:

(804) 484-3739 Email: FacialPlastics@VirginiaENT.com

