



### FaceTite / AccuTite

Inmode's FaceTite/AccuTite is a minimally invasive procedure that utilizes Radiofrequency energy to tighten and contour the skin with minimal downtime. Radiofrequency (RF) energy is a scientifically proven method to remodel and rebuild collagen. FaceTite/AccuTite utilizes minimally invasive radiofrequency energy from the inside out to remodel adipose tissue (fat) and contour dermal skin.

Skin tightening may not be fully apparent for 3-6 months (and continues to improve up to 1 year) after this procedure, tissue tightening varies and results are age dependent. The treatment is customized according to each unique skin condition, desired outcome, and expectation of downtime. The degree of redness and length of healing time will increase with the treatment settings. This treatment may not completely improve or prevent future conditions or aging. There are many variables which influence the long-term result. Additional procedures may be necessary to further enhance results or treat unforeseen complications. There is no guarantee on the results that may be obtained.

- Slight redness, bruising and edema (swelling) are expected reactions post procedure. Bruises, especially around bony areas such as the eyes, can last 1-2 weeks. This is a normal and impossible to prevent or predict.
- Although these effects are rare and temporary, redness and swelling may last up to 3 weeks and are a normal reaction to the treatment. Some patients report a burning sensation, tingling, or a tightening sensation in the treated area for up to 1-3 months. Burns and changes in pigmentation are rare although may occur.
- Post treatment discomfort may be relieved by oral pain relievers (Tylenol or Ibuprofen). A cold compress can be used to provide comfort and decrease swelling, typically only needed the first 12-24 hours after the treatment.
- The treated area should be cared for delicately. Until sensitivity has subsided (about 1-2 weeks), avoid the following:
  - Heavily scented lotions/soaps, exfoliant creams (Retin-A, Glycolic, alpha-hydroxy acids), acne creams
  - Loofa sponges, facial shaving (electric razor only), and aggressive scrubbing
  - Strenuous exercise and sweating
  - Caution drinking alcohol for several days post procedure

### Site Care

- Treatment areas will have dressing and/or pressure garment to be removed in 24-48 hours. According to the physician's instructions, wear the garment in the evening and while sleeping for at least 2 weeks or until swelling subsides. The garment ideally should be worn for 12 hours per day for the first 2 weeks.
- Cleanse the treated area gently with mild cleanser and water after 24-48 hours. Do not rub or irritate area. Apply aquaphor/ointment to the incision points twice daily for one week while the skin is healing after initially removing the pressure garment. Tiny scabs may appear during the healing process. Please do not pick at the scabs.
- Make up may be applied as soon as 48 hours post procedure. Avoid the incision points that may still be healing.

**If you have any questions or experience possible signs of infection or extreme discomfort, please contact:**

**Grayson Barr, RN**

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